



PWR PLAY

SCYBEX®

# INTRODUCING PWR PLAY

An incredible flexible strength system,  
designed to meet your needs

PWR PLAY is the solution that adds value while improving a facility's footprint. It delivers an incredibly flexible system that can be tailored specifically to any facility's needs. It is completely scalable and bridges user types. PWR PLAY combines traditional cable-based training options with functional and bodyweight-based configured stations and storage solutions that enable facilities to create versatile, customized solutions for multiple environments and exercisers.





# TRADITIONAL

A range of basic units that help fill out your strength area

Add variety to your selectorized, plate-loaded and free weight area with essential traditional stations such as the lat pull, low row and triceps pushdown. You can mix and match until you find the perfect combination for your exercisers and facility.

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## PWR

Traditional pieces reimaged for a higher level of functionality

Adjustable pulleys, dual handles and cable crossover stations allow users to progress their training with more advanced tools.

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# PLAY

Add functional training options

Offer your members the latest bodyweight and functional training tool for a high-energy workout.

**CYBEX**<sup>®</sup>

# STORAGE AND CONNECTORS

Connectors to build and storage to organize

Storage add-ons provide space to keep accessories including medicine balls, slam balls and kettlebells organized in a safe place.



# EDUCATIONAL

Educational videos enhance the experience

A library of videos are available to help exercisers effectively perform movements and to provide training variety.

From cable-based and suspension to bodyweight and traditional training programs, PWR PLAY offers a facility trump card that maximizes the value of its footprint. It seamlessly blends the needs of exercisers at any fitness level into a flexible and configurable solution.

# PWR PLAY

CUSTOMER PRESENTATION FOLLOW-UP





## TRADITIONAL

Stations shown: low row, dip/chin assist, lat pulldown, adjustable cable column





## TRADITIONAL & PWR

**Stations shown:** dual handle low row, triceps pushdown, dual handle lat pulldown, embedded cable crossover, lat pulldown, dip/chin assist, low row

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## PWR PLAY & STORAGE

Stations shown: boxing w/ suspension training, step, storage, rope pull - power pivot, adjustable pulley 4:1

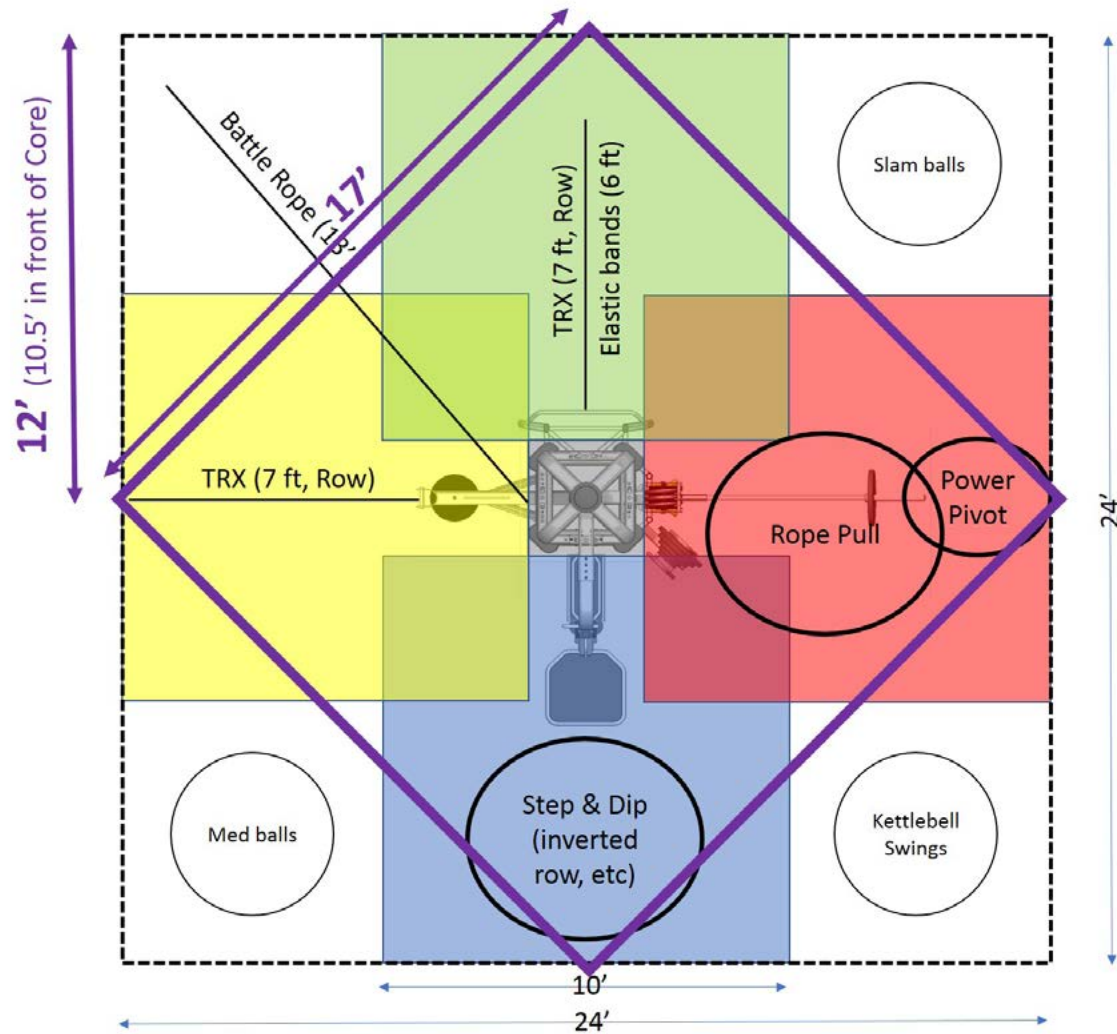




## HYBRID (PWR + PLAY + TRADITIONAL + STORAGE)

**Stations shown:** dual handle low row, dip, storage, dual handle lat pulldown, adjustable pulley 4:1, crossover boom connector, adjustable pulley 4:1, power pivot, stall bars with suspension training, rope pull

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## FLOOR AND INSTALLATION DETAILS

Use these guidelines to make sure you outfit your facility safely and effectively. Bolt down may be required for PWR PLAY. Consult your sales representative or the installation guide for bolt down requirements.



# PWR PLAY

## TRADITIONAL

LAT PULL  
LOW ROW  
TRICEPS PUSHDOWN  
HIGH LOW STATION  
ADJUSTABLE CABLE COLUMN  
ATTACHED HIGH LOW CROSSOVER  
EMBEDDED HIGH LOW CROSSOVER

## PWR

ATTACHED CABLE CROSSOVER STATION  
EMBEDDED CABLE CROSSOVER STATION  
FREE STANDING CABLE CROSSOVER  
DUAL HANDLE LAT PULL  
DUAL HANDLE LOW ROW  
DUAL PULLEY HIGH  
DUAL PULLEY LOW  
ADJUSTABLE PULLEY 4:1  
DIP / CHIN ASSIST

## PLAY

DIP  
STEP  
POWER PIVOT  
ROPE PULL  
ROPE PULL - POWER PIVOT  
BOXING w/ SUSPENSION TRAINING  
STALL BARS w/ SUSPENSION TRAINING

## STORAGE AND CONNECTORS

CROSSOVER BOOM CONNECTOR  
HANDLE ACCESSORY RACK  
STORAGE CONNECTOR  
STORAGE